



# the castle climbing centre

## Accessibility and Visual Guide

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# Contact details



You can contact us via:

**Phone:**  
02082117000

**Email:**  
info@castle-climbing.co.uk

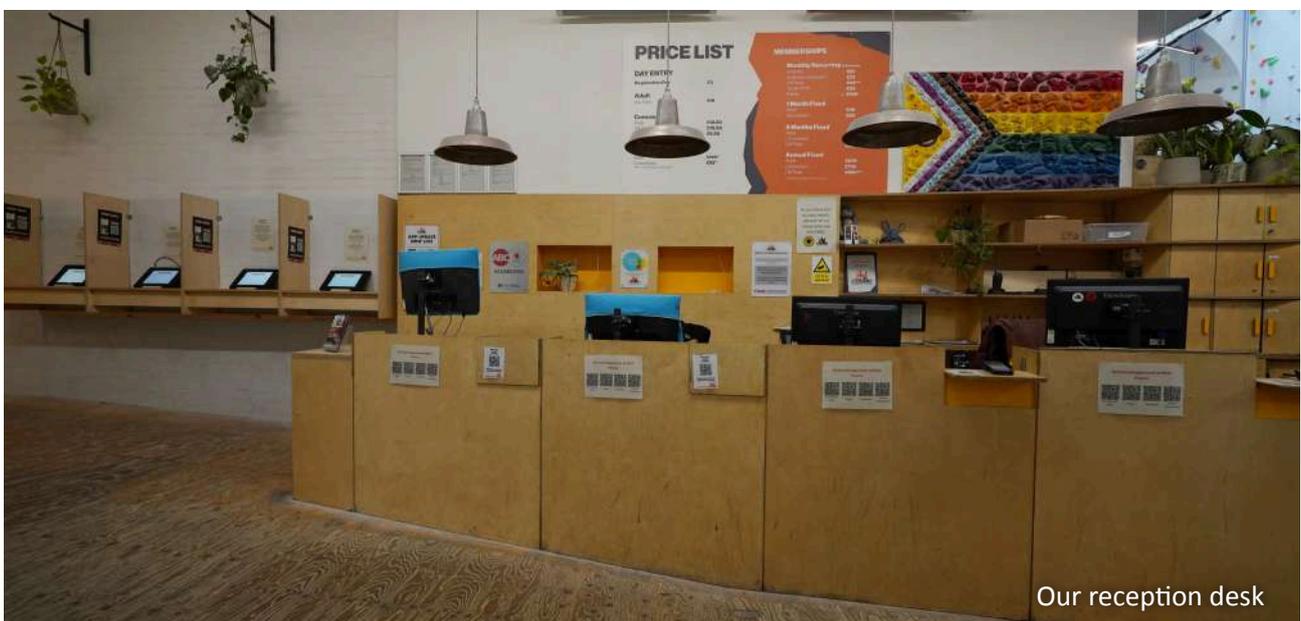
**Our address is:**  
The Castle Climbing Centre  
Green Lanes  
Stoke Newington  
London N4 2HA



Entrance to reception



Access needs sign behind reception



Our reception desk

# How to get here

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## Tube:

**Manor House** tube is the closest station.

It serves the Piccadilly Line.

Take exit 3 and go down Green Lanes for about 4 minutes.

The Castle will be on your left.

**Finsbury Park** tube is also nearby and has step-free access.

It serves the Victoria and Piccadilly lines, as well as National Rail.

The Castle is about 15 minutes walk from this station.

## Bus:

Both the **341** and the **141** stop just outside The Castle.

If you are traveling northbound, the name of the stop is **Myddleton Avenue**.

If you are traveling southbound, the name of the stop is **Lordship Park**.

The next closest stop is **Green Lanes**, which serves the **106**.

The **253**, **254**, **259**, **279**, **29** and **393** also stop nearby.

## National Rail:

Great Northern Rail services stop at Finsbury Park station, which has step-free access.



The Castle viewed from Green Lanes road

# How to get here (continued)



## Cycling:

We have excellent cycle parking facilities on-site.

Our bike racks are located outside the front of our building.

You can also get your bike services or repaired at Bikemech, located in The Castle's gatehouse.

## Car:

We have limited car parking.

On every visit to The Castle, you must enter the number plate of your vehicle into the parking tablet at reception.

Tickets will be issued to any vehicles not registered.

Cars parked in the West Reservoir Centre's car park, located beside us, may be locked in when they close (around dusk).

## Disabled Parking:

We have one disabled parking space.

It's necessary to be a blue badge holder to park there.



# How to get here (continued)



## Opening Times

Monday to Friday: 08:00 – 22:00

Saturday and Sunday: 09:00 – 20:00

## Entrance

The main entrance is through the big wooden doors on the ground floor.



Wooden doors at our entrance

# Accessibility



Being in a quirky Grade II listed building restricts us when it comes to making changes, but we're doing all we can to make the Castle accessible for everyone. Unfortunately, this means we can't fit a lift.

The ground floor is completely wheelchair accessible. We call it the **Boiler House**, and here you can find:

- Bouldering in the **Pen and Panels**
- Top roping and traverse in the **Quarry**
- Auto-belays on the **Rockley Wall**

**The Forge** is also wheelchair accessible. This is our training room, with boards and a circuit climbing.



Top rope in the Quarry



Wheelchair ramp access to the Forge



Auto-belays

# Accessibility (continued)



Following the main staircase to the first floor above reception, you will find:

- Warm up and stretching mats
- Rowing machines and a static bike
- Bouldering in the **Catacombs**, **Mezz** and **Slabs**

At the top of the main staircase is the **Engine House**.  
In here, you will find:

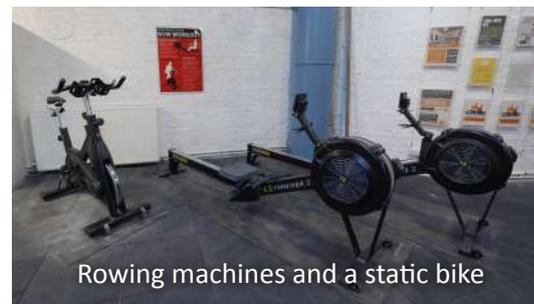
- Bouldering at the **Comp Wall**
- Top roping at the **Slabs**
- Lead climbing

In the **Engine House** there is a wooden staircase.  
If you follow it upwards you will find:

- Bouldering in the **Loft** and **Loft Bloc**.

If you follow it downwards you will find:

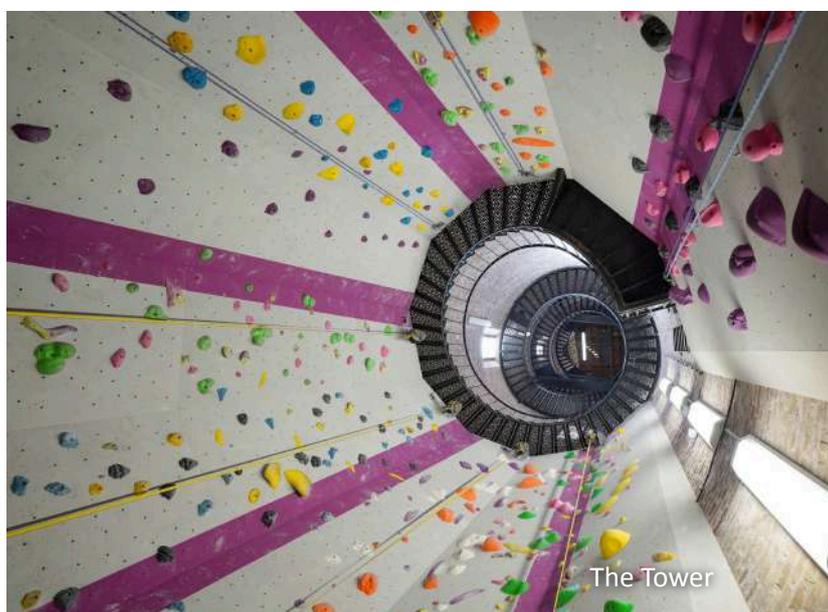
- Traversing in the **Pump Room** (Level -1)
- Top roping and auto-belay in the **Tower** (Level -1)
- Auto-belay in **Well 3** (Level -2)
- Lead climbing in **Well 1** and **Well 2** (Level -3)



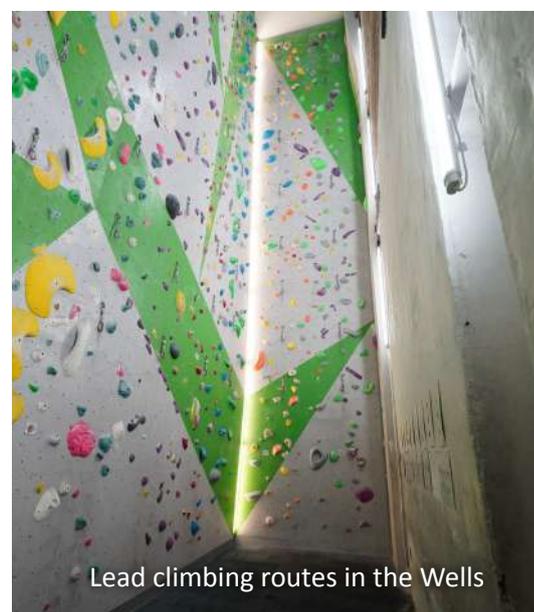
Rowing machines and a static bike



Bouldering in the loft



The Tower



Lead climbing routes in the Wells

# Toilets and Changing Rooms

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We have an accessible toilet on the ground floor.

The women's toilet and changing room is on the ground floor.  
The men's toilet and changing room is on the first floor, above reception.

There is a unisex toilet on the first floor, above reception.

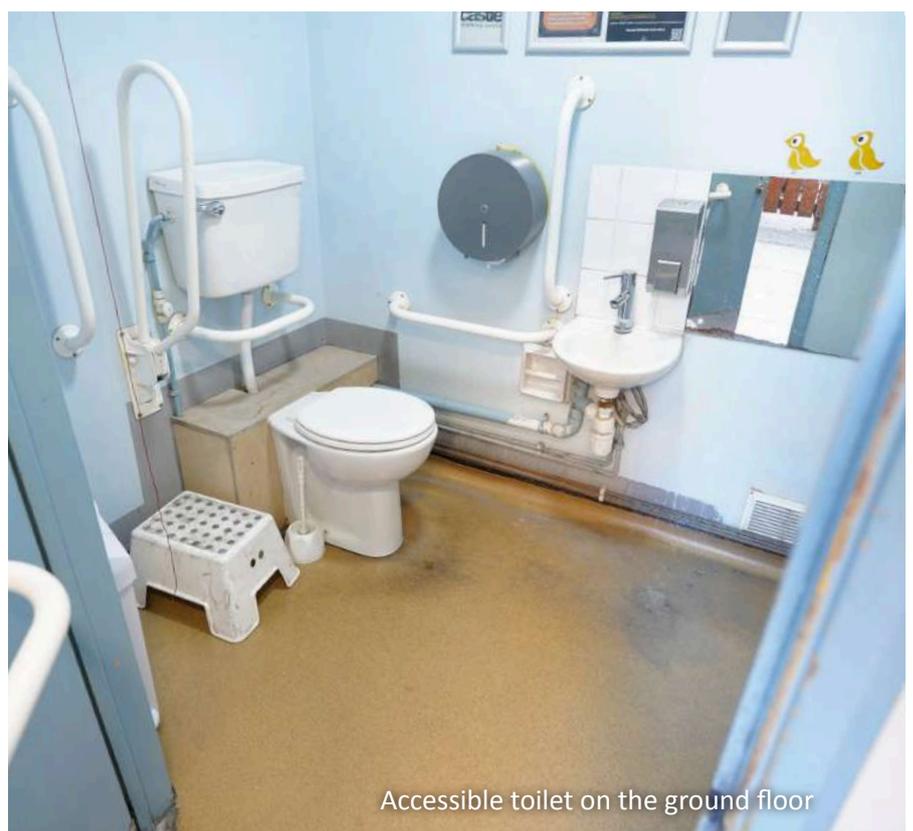
There are unisex showers and changing room on the second floor above the mezzanine area.

# Lockers

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There are accessible lockers on the ground floor.  
Ask reception for access.

There are padlock lockers on the ground floor.  
There are coin operated lockers on the second floor, above the mezzanine area.



# Our Garden



We grow a lot of plants in our garden, which is 1.4 hectares in size.  
Some of the **fruit and vegetables** are used to make salads in the cafe.  
Some of the **herbs** are used to make tasty teas that can also be found in the cafe.

Our garden is a home to a lot of wildlife. If you visit during a sunny morning, you might find:

- Colourful butterflies
- Bees collecting pollen
- Mud-coated toads
- Insects buzzing
- Birds singing
- Foxes with their cubs

The garden is wheelchair accessible.

Enter through the wooden doors by the Quarry.

There are picnic tables where you can have your lunch.

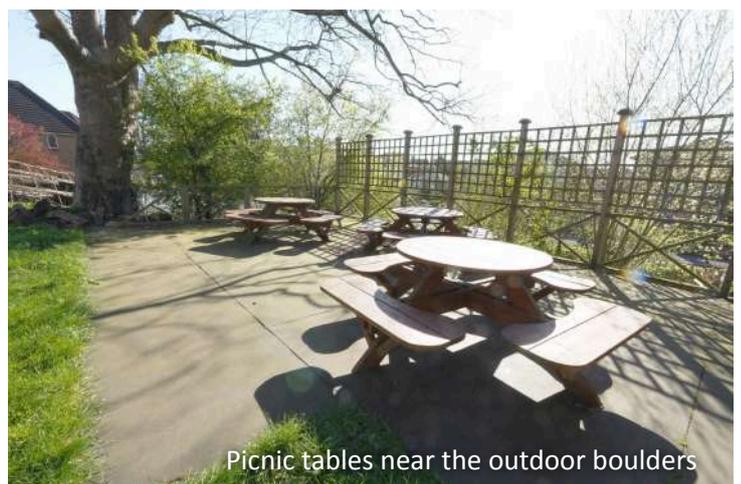
The terrain can be tricky to navigate, especially after rain. Mind your step!



Vegetable patches just outside of the Quarry



The garden path



Picnic tables near the outdoor boulders

# Other things to keep in mind when visiting the centre



The Castle can be very at times, especially during **weekday evenings** and during **weekends**.

The **mezzanine area** gets crowded the most.

We run climbing clubs and courses during the evening of the week and daytime at the weekend.

If you are booked into a course, you should first check-in at reception.

Then you can wait for the instructors in the **Meet and Greet area** (opposite the reception).

We play music all day and in some areas it can be louder than others.

**Reception and Duty Manager teams can be of help** if the volume needs turning down.

During the daytime our Route Setting team can be working in certain area of the building. They use drills in their work, so often it is quite loud.

The Route Setters' schedule can be checked on the board by reception.

Sometimes schedule has to change due to maintenance work.

We are constantly redeveloping and fixing areas of The Castle.

During the daytime builders will generate noise from using loud machinery.



Route setting equipment - bolts



Route setting equipment - Drills



# Thank you

We hope you enjoy  
your visit to The Castle  
Climbing Centre.